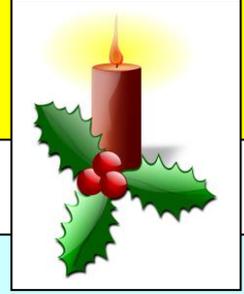




# NEWSLETTER

## Winter 2018



### From the Chair.....

Hi everyone,

Hope you are all managing the winter, although we have been very lucky so far, let's hope the rain & mud stay away.

As you may know Liz, my daughter is riding Coco atm, she has been to a rally & to the last dressage, where she came 3rd, absolutely amazing first time in a dressage test ever, hasn't competed for over 20years, we were all really pleased. I think she is enjoying it. I wonder if she has got the bug back?

Our teams have been doing very well & I hope this continues, everybody is improving & really pushing themselves.

A few of our members have had really bad times recently, it makes you realise we don't know whats around the corner, so enjoy everything you can don't hesitate go for it. You may not be able to next week.

The meeting 5th December, at The Midland Spinner will have a quiz & a buffet & a chance to wish everyone seasons greetings so hope to see lots of you.

Don't forget the dressage at Cann Lane on the 16th Dec. Fancy Dress Optional.  
Happy Christmas

Jane & Coco

### VHPRC Winter Dressage Series @ Woodfield

Entries on first come, first served basis

Limited spaces!

Contact Deb Vickery

*If you can help, or know someone who can, please get in touch*

*Contact: anyone on the Committee!!! ☺*

**We hold our meetings on the first Wednesday of the month**

## **The Midland Spinner**

**4 London Rd, Warmley, Bristol BS30 5JB**

## WINTER DRESSAGE SERIES

The series is at Cann Lane again but classes are limited and run over fewer hours. Hours will be restricted to 9.30am to 3.30pm which should allow for about 60 entries on each day. Changes include:

Class 1 - Walk and Trot – limit of 20 entries in total split into children/adults

Class 2 – Restricted Prelim – limit of 15 entries

Class 3 – Combined Veteran Horse/Mature Rider class – limit of 15 entries

Class 4 – PYO Prelim/Novice/Elementary – limit of 15 entries

**Entries will be strictly limited and entries will only be accepted by completing a signed entry form (required for H&S) enclosing full payment and entries for each month will only be taken after the previous competition has taken place.** The dates are:

28<sup>th</sup> Oct 2018, 18<sup>th</sup> November 2018, 16<sup>th</sup> December 2018, 20<sup>th</sup> January 2019 (this one will be a hacking only event at The Meadows), 17<sup>th</sup> February 2019, 17<sup>th</sup> March 2019 and the finals on 28<sup>th</sup> April 2019

## The 2018 VHPRC Open Show

Well we were so lucky with the weather! A massive thank you to all the committee and members who organised the show, both on the Saturday and Sunday. It's a huge job and much appreciated by all the competitors. Most classes seemed to be well supported, and it was great to see so many of our veterans (equine and human) competing in the championships. And all in fine fettle!

I actually managed to get all three of mine in the ring- Rambo in his last show (now retired) at 36, Willow (who I thought would never be sound again) at 16, and of course Truffle (the 'little madam') in the mature handler class. As the judge said....lucky I didn't get knee capped, but sadly the photographer missed her extravagant 'airs above ground'! Maybe one day she will behave properly....we live in hope 😊

Here are some of our fabulous veterans, and other competitors:



Lily Jones: Court Jester,  
Golden Veteran. Now  
retired at 31



McGiugan with Bernadette  
Murray, Junior Veteran



Mature Riders- Jenny Chamberlain on Tiny Tinker  
Joanna Graham on Tee Cee



Nicky Smallman



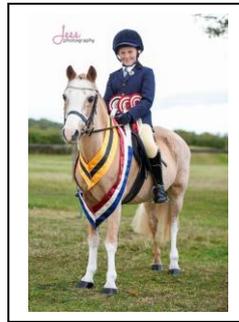
Kathy Hooper & Indie (Indian  
Dawn)



Teresa Rees: mature handler with  
Blackhill Gemstone  
Keith Rees with Jan & Roger Cater's  
Pontsarn Flyer who also had the  
ReserveSupreme in hand  
Championship



Meadowspice: Alanna McGirr senior veteran inhand champion & supreme Inhand champion, also senior veteran ridden champion & supreme ridden champion...In their first year showing!!!!!!



Kathy Hooper: Indie



Kelsie Savage:



Michelle Cook:



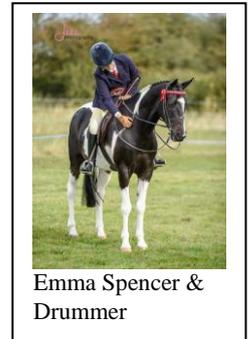
Deb Vickery: Josie



Nicola Hewitt: Rosie



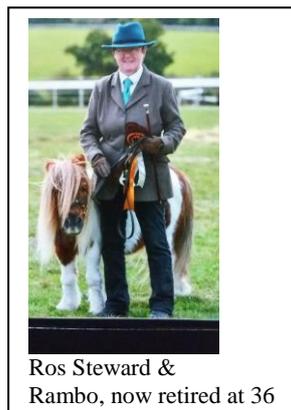
Claire Phipps & Piccalo



Emma Spencer & Drummer



Izzy Lewis & Pringle



Ros Steward & Rambo, now retired at 36



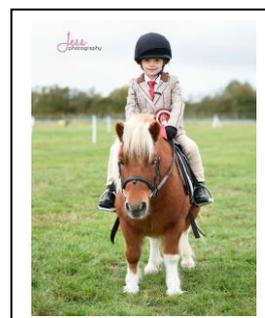
Ros Steward & Willow



Ros Steward & Truffle



Michelle Cook



Renee Sawyer-Fry at the [doristhevintagecafecaravan](http://doristhevintagecafecaravan)



The Photographer was [Jess-Photography](http://Jess-Photography) and there were some amazing shots, so thank you. All the above professional photos were purchased! ☺

## Speakers

Our September speaker was Sue Hawking who told us about her riding challenge across Namibia. She has completed many of these challenges with the British Horse Society, but admitted that this was the hardest she had done! She showed us a great many photos which really demonstrated how difficult it must have been for all the riders.

The following is adapted from the BHS website <http://www.bhs.org.uk/get-involved/challenge-rides> where you can read about other rides you might consider doing!

The Namib Desert is one of the most spectacular deserts on Earth. From Twyfelfontein to Henties Bay on the Skeleton Coast, the sheer remoteness of this challenging horse riding safari makes it unsuitable for inexperienced riders since encounters with Elephant, Rhino and even Lion are possible.

A geological wonderland: Namibia has many great natural assets, not least of these are its dramatic landforms – remote, inaccessible and extremely rugged - and yet etched with poignantly delicate colours; this is true wilderness. These are the real wonders of this earth, these hauntingly beautiful vistas and ancient landscapes'. These deserts teach us how to look with new eyes, to look differently at the real gems of this planet.

They use horses from a mixed herd of several breeds including Arab, Haflinger (from the Alps), Trakehner (from Prussia) and both Boerperd and Nooidgedacht ranch horses; these latter two breeds are similar and originate from the Cape Winelands of South Africa and are best described as "multi-use farmer's horses". They trace their roots back to early cavalry horses such as the Thoroughbred and Andalusian, but with other bloodlines added over the years, most notably the Basotho pony; manipulated and moulded by the environment they have become a resilient, multi-purpose horse. They are all raised on rough desert terrain; they're sure-footed and tough. Most have done several trails over the years and are adept at looking after their riders. Each is a unique character and every one of them makes for a kind, reliable mount deserving of the very best consideration and care. Sizes 15.2 hh to 16.2 hh.

After being collected from Windhoek's International airport (Hosea Kutako) and dropped at overnight accommodation to meet guide for dinner and a briefing, they journeyed north (about a 7-hour transfer including a lunch stop en route) through some spectacular Namibian landscapes to camp at Twyfelfontein to meet the horses and crew. The first ride is in the Aba Huab watershed, where good going invites a few brisk canters, allows riders to get more acquainted with horse and the terrain. After returning to camp for lunch there is a visit the San Rock Engravings.

### Days 4 – 7 Huab and Ugab River systems

They began the westward journey to the distant Atlantic. In these ephemeral river systems the cycles of rainfall dictate the seasonal movement of game which is not concentrated, but one can encounter Elephants, Rhino, Oryx, Springbok, and other desert-adapted game. Here huge glacial valleys, impressive Tableland mountains exhumed by erosion, folds and fractures resulting from cataclysmic eruptions present a well preserved snapshots of a land of great antiquity.

### Day 8 – 10 The Great Plains

Leaving the river valleys they crossed the vastness of open plains with the striking massive of the Brandberg (burning mountain) forming a dramatic backdrop. Here endless plains allow for some fast-paced riding as they approach the dramatic Messum Caldera, the eroded remains of a massive collapsed volcano. The last ride took them to the ocean at last - the spectacularly formidable Skeleton Coast, apparently so called for the wrecked hulks of stranded ships which dot this coastline. The cold, upwelling Benguela Current results in some diverse weather conditions from hot desert easterlies to cold south Atlantic westerly's – a place of extremes! The last night was spent in the small coastal town of Henties Bay in a private house with the most spectacular view over the Atlantic Ocean. The last meal together was freshly caught Atlantic Fish done to perfection over the coals. On day 11 the transfer to Windhoek took them back to catch their plane.



Other challenges Sue has done include the Viking Challenge to Iceland and the Inca Trail Ride in Peru. The BHS provide a range of these rides, all accompanied by experienced personnel, and with transport for support such as washing facilities, luggage and horse feed. And of course, water!!

Great talk, thanks to Beth Bracey for organising it ☺ Photos from BHS website.

# Well done to..... all the champions and competitors at the show

## ***In Hand***

### Junior Veteran In Hand – 15 to 19 years

1st	Bernadette Murray	McGuiggan
2nd	Jessica Baldwin	Tom
3rd	Megan Eysers	Tommy
4th	Ros Steward	Windwillow Mischief

### Senior Veteran In Hand – 20 to 24 years

1st	Alanna McGirr	Meadowspice
2nd	Becci Green	Spotty
3rd	Sophie Warner	Zeus
4th	Georgina Langley	Mylo
5th	Corinne Phillips	Champ
6th	Anna Morris	Baraka LBN Shahmah

### Golden Veteran In Hand – 25 years and over

1st	Nicky Smallman	Island Charity
2nd	Keith Rees	Pontsarn Flyer
3rd	Michelle Cook	Meadow Wood Taliesin
4th	Ros Steward	Rambo
5 <sup>th</sup>	Lily Jones	Court Jester
6 <sup>th</sup>	Alexandra Wilkins	Tessa of Laymore

### Supreme In Hand Championship

Supreme Champion – Alana McGirr with Meadowspice  
Reserve Champion - Keith Rees with Pontsarn Flyer

### **Oldest In Hand Veteran in Championships**

Keith Rees with Pontsarn Flyer

### Mature Handler Championships

1 <sup>st</sup>	Teresa Rees with Blackhill Gemstone
2 <sup>nd</sup>	Keith Rees with Pontsarn Flyer
3 <sup>rd</sup>	Ros Steward with Blenheim Truffle
4 <sup>th</sup>	Mandy Betts with Jendai Bailey

## ***Ridden***

### Junior Veteran Ridden – 15 to 19 years

1st	Emily Wareham	Master Libro
2nd	Jane Branch	Red Fred
3rd	Cesca Butterworth	Dryfe Sheer Sensation
4th	Jessica Baldwin	Tom
5th	Emily Large	Rosehall Tara Maiden

### Senior Veteran Ridden - 20 to 24 years

1st	Alanna McGirr	Meadowspice
2nd	Becci Green	Spotty
3rd	Jean Spratt	Chesterton
4th	Emmeline Rees	Honeypot Right on Target
5th	Anna Morris	Baraka LBN Shahmah
6th	Kathy Hooper	Indian Dawn

### Golden Veteran Ridden – 25 years and over

1st	Linzi Wiseman	Candy
2nd	Darcey Young	Tristan
3rd	Harry Bucknell	Jimmy

### Supreme Ridden Championship

Supreme Champion – Alanna McGirr on Meadowspice  
Reserve Champion - Emily Wareham on Master Libro

### **Oldest Veteran In Ridden Championships**

Linzi Wiseman on Candy



### Mature Rider Championship – Rider 35 to 49 Years

1st	Jenny Chamberlain on Tiny Tinker
2nd	Caroline Wilson on Millie

### Mature Rider Championship – Rider 50 Years and over

1st	Joanna Graham on Tee Cee
2nd	Kathy Hooper on Indian Dawn
3rd	Deb Vickery on Josie
4th	Lynn Prosser on Semper Spice
5th	Jane Radburn on Welcome 2 Our World

Best Turned out In Championships  
Becci Green on Spotty

Well done to you all  
for qualifying!!

The **winter dressage series** kicked off on 28<sup>th</sup> October.....to a full house! Weather was quite kind too, though cold. Well done winners 😊

Class 1A: Brooklyn Daw & Astra  
Class 1B: Tila Winstone & Ferdinand  
Class 2: Kiera Winstone & Rose  
Class 3: Kellie Clare & Bertie  
Class 4: Laura Barwood & Jack



## Microchipping

New laws surrounding equine identification came into force in England on 1<sup>st</sup> October.

Defra's new equine identification regulations **legally require every horse, pony and donkey to be microchipped and possess a valid UK passport**, with details stored in the Central Equine Database (CED).

All horses born after 30 June 2009 are already required to be microchipped. Owners of horses born before this date will have two years from today to get their equines microchipped.

Any changes in a horse's ownership or status — for example, if they are put down, lost, stolen or signed out of the food chain — will need to be notified to the passport-issuing organisation. The organisation will then have 24 hours to update the CED.

The British Horse Council has welcomed the new regulations, hoping they will deter theft and fraudulent sales as well as being helpful in managing disease outbreaks, mapping the horse population and ensuring rapid communication with owners.

"Previous legislation has been half-baked but the new regulations are not only positive for horse owners, but are a **significant boost for equine health and welfare**," said British Horse Council chairman Jeanette Allen.

"Having all up-to-date data recorded on the CED will help us better protect our equine population in the event of a disease outbreak, as well as providing essential tools to help owners find their horses in the event of theft or straying.

"It should also give owners confidence that horses which have previously been signed out of the human food chain never end up in the abattoir.

"However whilst this legislation has huge potential to benefit all of England's horses, **its success is critically dependent on horse owners along with law enforcers** recognising that, without them playing their part, our horses will continue to face totally unnecessary risks."

British Equine Veterinary Association chairman David Mountford added he hopes the regulations will **ensure essential equine medicines remain available to vets**.

"Certain veterinary medicines can only be administered to a horse if it can be identified, if treatment is recorded in the passport and/or if we can see that it is signed out of the human food chain," said Mr Mountford.

"If the passport is not readily available at the point of care then the treatment options are limited, errors in medicines records are possible and the authorities will seek to restrict medicines availability.

"Under the new ID regulations vets will be able to positively identify the horse, check its status online and therefore use the most appropriate medicine with confidence. Vets want to do what is best for the horse and the new regulations will help ensure this is possible."

World Horse Welfare chief executive Roly Owers added the ability to accurately link every horse to an owner is the "cornerstone of responsible ownership".

"**It increases traceability** and ensures owners can be held accountable in the case of welfare problems or abandonment, rather than simply discarding their unwanted animals with no consequences," he said.

"Welfare organisations and local authorities will now be more able to tackle the problem of unidentified horses and ponies, and local authorities should be **better placed to enforce the legislation** as they can now issue civil sanctions, such as fixed penalty notices, for non-compliance.

"It will also help ensure that any horses that have been illegally taken into another's possession can be identified and returned to their rightful owner.

"For the first time, the CED will **give a clear and accurate picture of England's equine population** which will help the industry to ensure equines are properly recognised and their welfare protected by Government through policy and legislation."

Thoroughbred Breeders Association chief executive Claire Sheppard also welcomed the news.

"A robust system of identification for all the UK's horses and ponies will **underpin traceability, equine welfare and protection from disease**," she said.

"Whether this is for the largest thoroughbred stud or the owner of a single horse or pony, **we will all benefit**."

Read more at <https://www.horseandhound.co.uk/news/equine-microchip-passport-law-2018-666409#A6dHdfCSQt7FDtA3.99>

# “Snippets”

## Haynets

Is this what your horse's haynet looks like each morning?

Horse's stomachs are relatively small and are designed to digest forage almost constantly. Without access to forage (even for short periods) the stomach acid begins to build up and without matter to break down the acid starts to damage the stomach lining. This can cause gastric ulcers which are extremely painful and can contribute to the development of behavioural problems.

If there is not a scrap of hay or haylage left in your horse's stable in the morning the chances are that he has had quite some time without access to any food. Consider how you can change this. Some ideas may include:

- Choose turn out over stabling
- Provide increased amounts of forage
- If necessary provide larger amounts of lower quality types of forage to prevent excessive weight gain
- Provide different types of forage so that your horse has a choice
- Consider the use of smaller hole haynets or other methods of slower feeding (but be mindful of anything that may cause frustration)



## If Equestrians were Honest with Their Facebook Posts: #mediocrityofexcellence

1. Had a totally mediocre ride today at the show and fell middle of the pack in the class. #Standard
2. I haven't washed my saddle pad since I bought it...a year ago. Still not going to. #Durable
3. I didn't clean my bridle today. Probably won't tomorrow either. #BitGritTreats
4. Won my class today because I was the only one in it.
5. Used the same bridle on two horses because I didn't want to clean two.
6. Rode bareback today because I'm too lazy to tack up.
7. Body clipped my horse this afternoon and saved the legs for later. #NeverGonnaHappen
8. Didn't have clean, matching polo wraps for the dressage clinic...rode in open front jumping boots. #ThatsHowIRoll
9. Went to the barn with the intent to ride my horse but instead talked to four people, ran out of time, and gave him a carrot. #GoingPlaces
10. I don't remember the last time I brushed my horse's tail. #GroomingForTheWin
11. I jumped cross rails today. #Tokyo2020
12. Today I worked on transitions. We walked a lot. #NextIsabellWerth
13. I did horse laundry in our house washer without removing the hair first. #TheItchingIsInYourHeadDear
14. Horse people are crazy. I am not an exception. #Honesty
15. Someone was hogging the bathroom so I peed in my horse's stall while chatting with the people in the barn aisle. #Modesty #SorryNotSorry

www.theideaoforder.com



## Licking and chewing – submission or stress?

Horses sometimes lick and chew during training and this has often been interpreted as a sign that the horse is learning or showing 'submission' to the trainer. However, a new study suggests that this non-nutritive licking and chewing behaviour is a natural behaviour that is shown after a stressful situation.

To gain insight into the function of licking and non-nutritive chewing behaviour in horses, a team of equine scientists from the Norwegian University of Life Sciences observed the social behaviour of feral horses under natural conditions.

M.Sc. Margrete Lie and Prof. Ruth Newberry spent 80 hours observing feral horse herds in Ecuador and collected data on 202 sequences of behaviour when licking and chewing behaviour occurred.

The team wanted to investigate whether non-nutritive chewing was performed to signal submission to another horse and also to study whether horses performed the behaviour in between stressed and calm situations.

To find out whether non-nutritive chewing was performed to signal submission the researchers tested the idea that when one horse (the aggressor) approached another horse (the recipient) in a threatening manner, the recipient but not the aggressor would perform the behaviour. The team observed and recorded different behavioural sequences that involved aggressive interactions (for example if one horse herded or threatened another) and recorded whether the chewing behaviour was performed by either horse.

The results were fascinating: the team found that the chewing behaviour was performed by both the approaching and the recipient horses. Non-nutritive chewing was actually performed more often by the aggressor than the recipient, refuting the assumption this behaviour is a submissive signal.

The researchers also investigated whether non-nutritive chewing occurred between tense and relaxed situations. When observing the horses' behavioural sequences, they found that the majority of the behaviours before chewing were tense and the majority of behaviours after chewing were relaxed. The chewing behaviour occurred when the horses transitioned from a tense to a relaxed state.

The researchers concluded that chewing could be associated with a switch from a dry mouth caused by stress (sympathetic arousal) to salivation associated with relaxation (parasympathetic activity).

The results of this study suggest that non-nutritive chewing was not used as a submissive signal by horses in the contexts observed, but it occurred after a tense situation, likely as a response to a dry mouth.

The research team acknowledge that further research is required to measure the stress responses associated with non-nutritive chewing. However, this study does highlight that licking and chewing likely occurs after a stressful situation and may be used as a behavioural indicator that the previous situation was perceived as stressful by the horse.

To view the ISES position statement on the use/misuse of leadership and dominance concepts in horse training please visit:

<https://equitation-science.com/.../position-statement-on-the-u...>

From study presenter, Margrete Lie:

"We looked at feral horses living with as little human interference as possible to see how they behaved in their natural habitat. It was important to look at completely natural behaviour and therefore we wanted to see horses living without restriction. These horses were living in a 334 km<sup>2</sup> national park, and in the area we observed there were a little under 200 horses. No stallions had been removed from the population as is so common in domestic horses."

"It was interesting to see how often the horses performed the chewing behaviour and also how clear it was that all individuals did chew – not only 'submissive' individuals."

"The study showed that the horses were chewing between calm and relaxed situations, but it does not say if chewing comes as a response to relaxing or if chewing helps them relax. To be able to look at this more closely I believe a more controlled study with stress measurements is needed."





## DIARY DATES

5<sup>th</sup> Dec 2018 - Christmas Quiz and Nibbles  
16<sup>th</sup> December 2018 - winter dressage series  
16<sup>th</sup> January 2019 - AGM and mini auction  
20<sup>th</sup> January 2019 - winter dressage at The Meadows  
17<sup>th</sup> February 2019- winter dressage series  
17<sup>th</sup> March 2019 - winter dressage series  
28<sup>th</sup> April 2019 - winter dressage series finals



Remind you of anyone???

## QUALIFIER SHOW DATES:

For the next season.....

**If you hear of a show that would hold qualifiers at no cost to them, please contact Kathy Hooper**



We have reinstated the TACK TABLE at our monthly meeting so if you have something to sell please bring it along labelled with your name and the price you would like for it! Leave it on the table for the evening and any interested parties can come and pay you or make you an offer anything not sold you will need to collect at the end of the evening before you leave. Hi-viz, tack, boots, Rugs etc

Please keep checking the website for up-to-date news regarding speakers and rallies – [www.vhprc.co.uk](http://www.vhprc.co.uk)  
Any articles/ photos to Ros at [rossteward@hotmail.co.uk](mailto:rossteward@hotmail.co.uk)

On a FB (Facebook) site I found this (who said FB had no culture!?)

“So whilst visiting Bristol museum I came across this painting (A), anyone in their lifetime seen a horse with these ears?”

Responses were interesting....

“Love paintings like these. They make you really look at the details.”

“Looks like a George Stubbs painting”

“Since his tail is docked it wouldn't surprise me if the ears actually were cropped”

“There was a period of time when it was fashionable to crop horses ears also referred to as ‘Foxing’ it was supposed to improve their look.”

“It's from the late 17th century it was the fashion bk then!”

“I heard people did it to welsh ponies to make the ears look smaller and neater.”

“FOXING. This consists of depriving a horse of a portion of his ears, for the purpose of improving his looks. An easy mode of performing the operation is to take a small paintbrush and with paint in contrast in colour to the horse, mark the ears of the shape and length required: then place a switch on the horse's nose, at the same time holding up a fore foot; with a sharp knife cut the ears in the line made by the paint. Wash the wound with salt and water once a day for a week, after which apply sweet oil until healed. Those horses only which have small, thin, delicate heads, are improved by foxing.”

“As far as paintings from that era are concerned horses were drawn with their most desirable features bigger to draw attention to them and also vice versa.”

“This from a book published in 1849” (B)

“The worst one is The Prince of Wales Phaeton, by Stubbs 1793.

In HM's Buckingham Palace collection. Cropped ears and tail was a fashion for carriage horses at the time. 😊

<https://www.wikiart.org/.../georg.../prince-of-wales-phaeton>” (C)



About this time **cropped ears** were in vogue. I can just remember a pair of carriage-horses of my fathers with **cropped ears**, and I have seen some others since. This certainly was a most wanton outrage on nature. I am not so wedded to what has been usual in my time as to hold that as hideous that has been unusual during such period; there really was something uncommonly quaint and knowing in the look of a **ill cropped horse**. The first full-sized horse, that as a boy I possessed, is **cropped**, bred by Lord Egremont; but though **cropped**, she was rough bred as the Hero. I have been told that in former times, if a **gn** had a good but rather questionable-looking sort of a **horse** as to his fitness for any particular purpose, he commonly **cropped** him, to give him a hunting appearance, for hunters in those days were oftener **cropped** than any other horses; still the cutting of an animal's ears merely for whim's sake is a right I hold quite as questionable as the appearance of the **horse** condemned to be so mutilated, independent of the pain and the soreness of so tender a part of the anatomy as the ear for weeks afterwards; the animal for life sustained the inconvenience of the rain getting into the ear, and in summer of the flies being a constant torment. I well remember that at that season my father's horses were obliged to be driven with ear caps, or one of them would have shook himself out of harness.

These comments were just some relating to the subject....there were many about whether docking etc should be allowed, so I ignored those.

Interesting though, I had no idea!

## November Speaker

November's speaker was Marc Jerram, BSc (Hons) AWCF - Master Farrier. He has owned horses all his life and rides/drives on a regular basis including competing at a variety of disciplines.

He qualified as a farrier in 2006 after a four year apprenticeship and passing the Worshipful Company of Farriers Dip.WCF examination. He then travelled overseas to further his farriery experience before returning to England in 2008 to start his own farriery practice based in Brewood, Staffordshire. Since this time he has undertaken a range of CPD (Continual Professional Development) studies to further his farriery knowledge and provide the best possible service to both horse and owner.

He has a great interest in corrective farriery which led to him taking the Myerscough College foundation degree in farriery science which is a new, innovative course aimed at assessment of his current farriery experience and knowledge along with new diagnostic technology to assess the balance of the horse's foot. At the end of this course he took the Worshipful Company of Farriers AWCF examination which is an exam aimed at corrective farriery. A comprehensive knowledge of the horse's anatomy and remedial farriery is required.

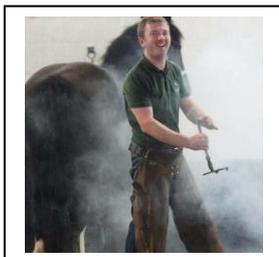
He then undertook the BSc (Hons) course to further his knowledge and expertise. He passed this exam with first class honours and was awarded the Myerscough trophy for outstanding practical and theory grades.

He constantly engages in continual professional development and learns new techniques.

He spoke to us about Trauma injuries of the Equine foot, including a wide range of injuries that he has treated, alongside veterinary surgeons that, in the main, have had a good prognosis. Perhaps one of the most extraordinary was a horse that lost half a hoof through a loading incident, yet after several weeks' treatment and box rest amazingly fully recovered. He then looked at a variety of issues that arise in horses feet eg thrush, laminitis related issues, founder, Seedy Toe or White Line Disease, Hoof Wall Cracks and abscesses. He explained how each should be treated, and used photos to illustrate each case. Most did make full recoveries.

His website is: <https://www.thefarrier.co.uk/> where you can find lists of articles he has written/ published.

His Facebook address is: <https://www.facebook.com/marcjerramfarrier/>



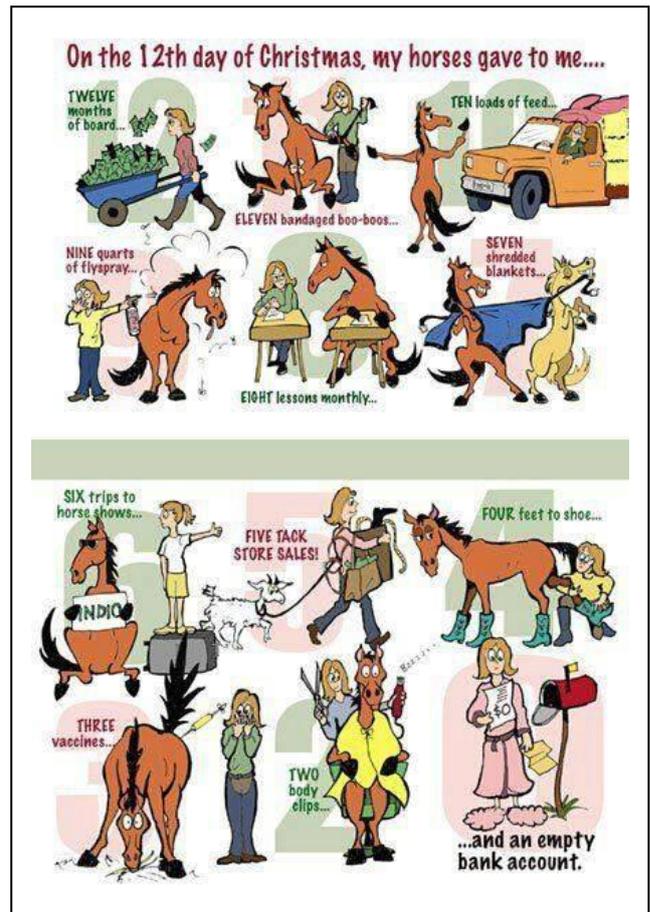
It was an extremely informative talk. Thanks to Beth Bracey for organising all our speakers....we look forward to more next year.

Don't forget the Xmas Quiz in December!

# And finally.....it's nearly that time of year!!!!



LOVE THIS IDEA!!



## Some festive snippets....food for thought?

### CRAP-FREE CHRISTMAS GIFT BUYING GUIDE

**BUY ETHICAL**

- Organic
- Fair-trade
- Living wage
- Plastic-free
- Sustainable

**BUY LOCAL**

When you buy from an independent business, the owner does a **happy dance**. With big chains, not so much.

When you buy local, more of your money stays in the local economy (rather than the pockets of Fat Cat execs)

**MAKE**

- A cake
- Some biscuits
- A meal to put in the freezer for someone who lives alone
- Something useful

**BUY SECONDHAND**

**SEARCH THE CHARITY SHOPS**

- For stocking fillers
- For Christmas jumpers
- For something they really want (NO novelty gifts!)

**CHECK OUT eBay**

- Search by brand or make, size and age
- Remember to tick the 'used' box in the search criteria

**BUY LESS**

**SECRET SANTA**

- For work
- For the grown-ups in a family
- For the kids if you have a lot to buy for so they all get one decent present

**EXPERIENCES NOT THINGS**

- Go out for a meal
- Tickets for the cinema or a concert
- Treat them to a day out
- Memberships - National Trust, museums etc

www.asustainablelife.co.uk #crapfreechristmas



## MERRY CHRISTMAS ☺

